





## **2018 OCEA HEALTH FAIR** 10 A.M.-1 P.M. TUESDAY, SEPT. 11, 2018

## **OCEA Headquarters** 830 N. Ross Street, Santa Ana, CA 92701

## FREE GIVEAWAYS, SCREENINGS AND FOOD AT OCEA!

Stay healthy with OCEA and take advantage of the following screenings: Blood pressure, derma scan, bone density, posture, nutrition, smoothie bike, grip strength, glucose, BMI, and stress tests. Loosen up with chair massages and chiropractic stretching, speak to a personal trainer, and more.

Enjoy our Holistic Lifestyle area featuring aromatherapy, acupuncture, iridology, essential oils samplings, yoga body alignment, herbal remedies, Vitamin B12 shots (\$15) and more. Come enjoy the information, giveaways and exciting door prizes!

FLU SHOTS: Flu shots are available for FREE to those who bring their Blue Shield, Kaiser or Cigna health insurance cards.

If you want to enjoy the OCEA Health Fair, don't forget to ask to use up to two hours of Annual Leave time to attend.

SPECIAL THANKS TO OUR SPONSORS:













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